

Coffee
Rings
Studio

Simple Star Quilt



A beginner friendly quilt by Amy Ball
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A beginner friendly patchwork quilt pattern with star block.

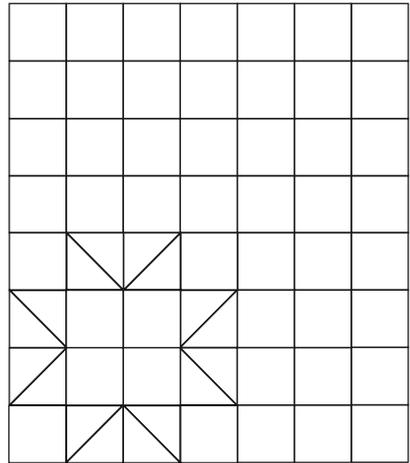
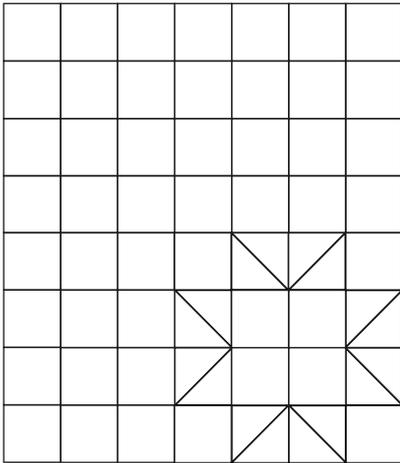
Pattern includes step-by-step instructions with diagrams, plus a colouring page.

Perfect for a charm pack or using up scraps.

Learn and use a technique for making half square triangles.

Supplies

Main fabric (mixed prints/colours)	1 x charm pack (or 40 x 5" scraps)
Star Block fabrics	2 x fat quarters
Wadding	36" x 40"
Backing fabric	1 metre
Binding fabric	0.25 metre (or 3.75 metres x 2 1/4")



Notes

Finished size:

31½" x 36"

HST = half square triangle

RST = right sides together

WOF = width of fabric

Seam allowances are ¼", unless otherwise stated.

Please read through all instructions before starting your quilt.

Cutting

Mixed Prints	select 40 squares from a charm pack OR cut 5" squares (x 40)
Star Centre fabric	cut 6" square (x 4) cut 5" square (x 4)
Star Border fabric	cut 6" square (x 4) cut 5" square (x 4)
Binding fabric	cut 2¼" x WOF (x 4)

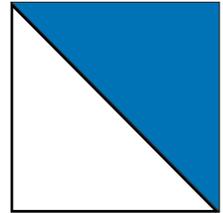
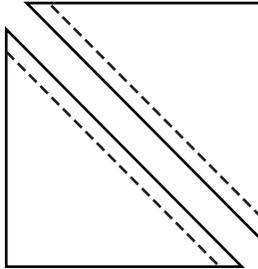
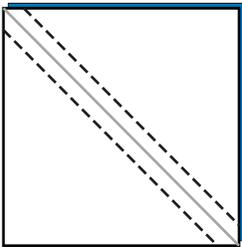
Assembly

Now all your fabric is cut out it's time to make the quilt top.

The star block section is made from eight half square triangles and eight squares.

Make the half square triangles (HSTs):

1. Pair a star centre and a star border fabric 6" squares, right sides together. Draw a diagonal line on the reverse of one square.
2. Sew $\frac{1}{4}$ " either side of the drawn line then cut along the drawn line.
3. Press the HSTs open and trim each one to 5" square.



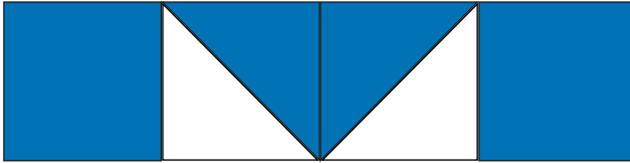
[Trimming tip:

Trim roughly an even amounts off all four sides of the HST unit and make sure the diagonal seam stays in the centre and goes right into both corners.]

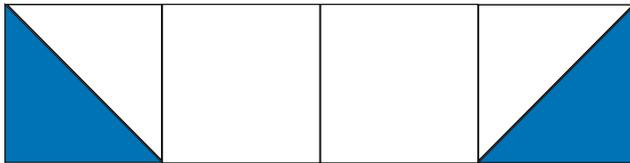
4. Repeat to make eight HSTs.

Assembling the star block:

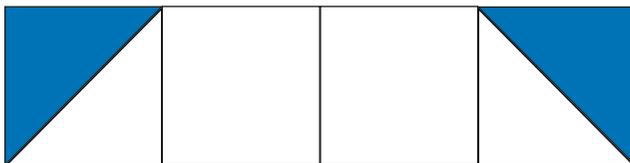
5. Take two star border fabric 5" squares and two HSTs. Sew together as follows:



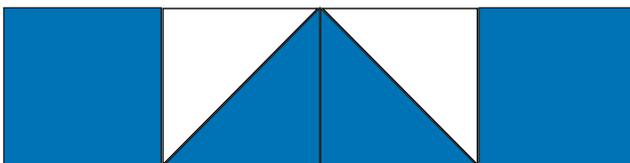
6. Take two HSTs and two star centre fabric 5" squares. Sew together as follows:



7. Take another two HSTs and two star centre fabric 5" squares. Sew together as follows:



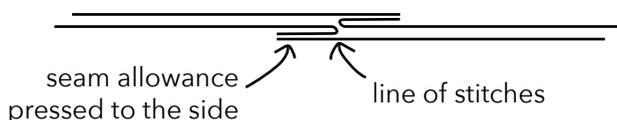
8. Finally take two star border fabric 5" squares and two HSTs. Sew together as follows:



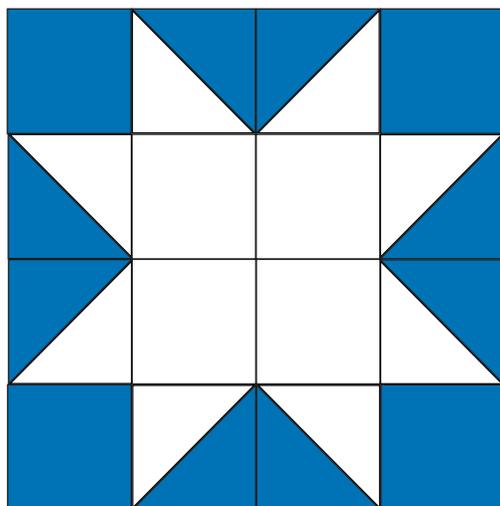
9. Now sew together the rows you made in steps 5 to 8, keeping the order and placement the same.

Try to match the vertical seams to keep the star points more precise. The best way to do this is to “nest” the seams. Press all the vertical seams in the first row in one direction, then press the vertical seams in the second row in the opposite direction. Alternate the pressing for all four rows.

When you sew two rows together the pressed seams will look like this:

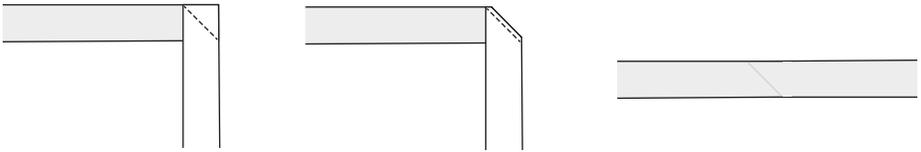


The finished star section will look like this:



Finishing

13. With the quilt top finished, it's time to make a quilt sandwich. Baste the quilt top with your backing fabric and wadding. Quilt as desired.
14. Trim off the excess backing fabric and wadding to square up the quilt edges.
15. To make the binding cut four 2¼" x WOF strips from the binding fabric.
16. Sew together the binding strips end to end (RST) using a 45° diagonal seam to create one long length.



17. Fold the binding in half along the full length, wrong sides together, and press.
18. Sew the binding to the front of the quilt, folding a mitre at each corner, then fold it over to the back of the quilt and hand stitch in place to finish.

Enjoy your new quilt.

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Colouring Page

